



## Ways to Help

Would you like to be an active partner in the ministry?

### PRAY:

- Be a Prayer Partner
- Be a Prayer Partner for a staff member or volunteer
- Be a Prayer Partner Coordinator

### CLINIC SERVICES:

- Work with Clinic Services crew
- Be a Volunteer Nurse at Journey Clinic

### DONATIONS:

- Donate your time shopping for the Center (your time, our \$)
- Donate to pay for specific needs (pregnancy tests, brochures, Bibles, rent, etc.)
- Donate professional services

### “Steps for LIFE” (Saturday before Mother’s Day)

- Volunteer to help at the walk (set up, registration, T-shirts)
- Donate a door prize
- Be a Walker

### OTHER AREAS:

- Be an Ambassador for your church/group
- Be an Ambassador Coordinator
- Help with Public Relations tasks
- Help with “Spring cleaning” or monthly cleaning
- Give a Guest Testimonial for our newsletter

### ADMINISTRATIVE HELP:

- Stuff envelopes, prepare the newsletter for mailing, etc.
- Help with computer work
- Provide computer support

### Banquet for LIFE (1<sup>st</sup> Saturday of October)

- Participate on BFL committee
- Volunteer to help the of the banquet
- Serve as a table host

Please let us know how you’re interested in helping by calling 801-612-9293 from 10:00am - 5:00pm, call/text anytime at 801-458-9293, email: [adminpcc@ogdenpcc.org](mailto:adminpcc@ogdenpcc.org), or fill out this form, mark your interests and send it back to us (Pregnancy Medical Clinic, PO BOX 407 Roy, UT 84067), and we’ll call you!

Name \_\_\_\_\_ E-mail \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Day Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Night Phone \_\_\_\_\_  
Church \_\_\_\_\_ Date \_\_\_\_\_